

## ALLISSA HARTER, MASSAGE THERAPIST

Kapellvägen 3  
Box 42  
37011 Backaryd SWEDEN

BA Simpson College, Indianola, IA USA  
076 305 9507  
[allissa.harter@gmail.com](mailto:allissa.harter@gmail.com)



### WELLNESS CORNER - MAY 2017 - PRESENT

Kungsgatan 9 045-717 120  
372 22 Ronneby [www.wellnesscorner.se](http://www.wellnesscorner.se)

- **Promote health care of client**
- **self employed**

### MASSAGE TERAPI - JANUARY 2017 - PRESENT

UggleBo Massage Terapi Studio 076-305 9507  
37011 Backaryd [www.uggleboterapi.se](http://www.uggleboterapi.se)

- **Promote health care of client**
- **self employed**

### RONNEBY BRUN HOTELL - SPA, MASSAGE TERAPI - OCTOBER 2015-PRESENT

Brunnsparken 0457-750 00  
372 22 Ronneby <http://www.ronnebybrunn.se/spa/>

- **Provide prescribe treatments to customers**
- **Perform duties assisting staff to enhance the SPA**

### SELF EMPLOYED, MASSAGE THERAPIST - JULY 2005-JULY 2015

BodyKneads w Allissa  
815 Office Park Road, Suite 4 +1-515-710-7282  
West Des Moines, IA 50265

- **Promote health care of client**
- **Precision Neuromuscular Therapy**
- **Personalized body work sessions**
- **Full Practice, 200 clients**
- **Management of chronic pain & acute pain**

### SELF EMPLOYED, MASSAGE THERAPIST - MARCH 2002 - JULY 2005

Prairie Life Health & Fitness Club  
4875 Mills Civic Pkwy  
West Des Moines, IA 50265

- **Grow and retain a client base for health conscious individuals**
- **Treat a diverse population of patients**
- **Self organize time**

### OFFICE MANAGER OF US OFFICES, AUDIO DEV AB, MALMÖ SWEDEN - MAY 1995 - OCTOBER 2001

Audio Dev USA, Inc  
2041 Grand Ave, Suite E  
West Des Moines, IA 50265

- **Manage imports and exports for US operations**
- **Operate small business unit, gross \$80,000 USD annually**
- **Diverse customer service assistance**
- **Execute inventory control**

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### CONTINUING EDUCATION CLASSES\*

Classes taken from 2018 to 2002 - page 1 of 3

- Break out lecture “**Fascia: where it lives and what lives in it.**” - British Fascia Symposium by Allissa Harter - 13 maj 2018
- **British Fascia Symposium (BFS)** - Solihull, UK May 12 & 13, 2018
- **Biotensegrity Pre-Conference Day (BTC)** - by National Training Center -Solihull, UK May 11, 2018
- **MELT Hand and Foot Instructor** - by Sue Hitzmann - Brunel University Uxbridge, London February 24 -26, 2018
- **Practical Day with Dorn Method** - KoYaa/Dornmetod by Jürgen Karpinski - Malmö, Sweden, January 27, 2017
- **Functional Fascia 5 Day Dissection Workshop** by Julian Baker - UK, July 25-29, 2016
- **Ligament Stimulation & Tensegrity Medicine Approach** by Kelly Clancy - 1 day of 2 days - Bank House Hotel - Worcester, UK June 27, 2016
- **British Fascia Symposium** - Bank House Hotel - Worcester, UK June 25 & 26, 2016
- **Biotensegrity Pre-Conference Day** - National Training Center - Worcester, UK June 24, 2016
- **MELT Method - by creator Sue Hitzmann** - 3 hour course- Worcester, UK June 23, 2016
- **DORN Metod** - by Jurgen Karpinski - helgkursen - Malmo, Sweden - May 21 & 22, 2016
- **Luigi Stecco’s Fascial Manipulation** - Optimal Fysik - 48 hours - Stockholm, Sweden - October 6-12, 2016
- **4th International Fascia Research Congress** - Washington DC - September 17-21, 2015
- **The Hesch Method: Integrated Treatment of Patterns of Dysfunction Throughout the Whole Body** - 15 hours - Des Moines, Iowa - April 25 & 26, 2015
- **Northwestern Health Sciences University: Winter Symposium, Traditional Chinese Medicine - Meridians** - 13.5 hours - Bloomington, MN - March 7 & 8, 2015
- **Unfolding Evolution by Tom Myers** - 1 hour - distance learning via computer - January 9, 2015
- **Spacious Feet: The Foundations of Under-Standing** - 16 hours - New York, NY - November 22 & 23, 2014
- **The Hesch Method: Integrating Function in the Pelvis, Sacroiliac, Symphysis Pubis, Hip and Lumbar Spine** - 15 hours - Keokuk County Health Center, Iowa - March 8 & 9, 2014
- **Fascial Foundations by Tom Myers** - 1 hour - distance learning via computer - January 29, 2014



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- **NMT Midwest, Inc: Precision Neuromuscular Therapy TMJ Intensive** - 14 hours - Des Moines, IA - November 13-14, 2010
- **NMT Midwest, Inc: Precision Neuromuscular Therapy Form and Function** - 16 hours - Des Moines, IA - March 10-11, 2010

### CONTINUING EDUCATION CLASSES\*

Classes taken from 2018 to 2002 - page 3 of 3

- **NMT Midwest, Inc: Precision Neural Mobilization, the Extremities** - 16 hours - Des Moines, IA - September 11-12, 2010
- **Institute for Natural Resources: Anger, Anxiety & Hypertension** - 6 hours - Des Moines, Iowa - August 12, 2010
- **NMT Midwest, Inc: Precision Neuromuscular Therapy for the Lower Extremity** - 19 hours - Des Moines, IA - June 18-20, 2010
- **NMT Midwest, Inc: Precision Neuromuscular Therapy for the Neck and Head** - 19 hours - Des Moines, IA - April 9-11, 2010
- **NMT Midwest, Inc: Precision Neuromuscular Therapy for the Upper Extremity** - 19 hours - Des Moines, IA - February 19-21, 2010
- **NMT Midwest, Inc: Precision Neuromuscular Therapy Mystery of Pain** - 3 hours - Kansas City, MO - January 31, 2010
- **Essentials of Orthopedic Massage by Whitney Lowe** - 12 hours - Des Moines, IA - September 12-13, 2009
- **Institute for Natural Resources: Depression, Heart Disease, & Stroke** - 6 hours - Des Moines, Iowa - June 4, 2009
- **Cross Country Education: Effective Examination of the Shoulder Complex: New Advances** - 6 hours - Des Moines, Iowa - April 26, 2008
- **The Barefoot Masters: Ahh....Shiatsu Bar Therapy** - 16 hours - Cedar Rapids, Iowa - November 17 & 18, 2007
- **MyoKinesthetic System: Upper Body - Brachial and Cervical Plexus** - 20 hours - March 26 & 27, 2004
- **MyoFascial Release Therapy I & II with Douglas Lee-Regier** - 12 hours - Des Moines, IA - October 16-18, 2004
- **The Upledger Institute, Inc: CranioSacral Therapy I** - 24 hours - Chicago, IL - October 3-6, 2002

\* Copies of certificates available upon request